

How You Can Be Helpful Beyond “Every Situation is Unique”

By Jenilee Goodwin

Unique Situations

- It really is unique. Every person and family is different with challenges/needs that are special to them.
- Opportunity to be creative
- Ask good questions

Different

- It's ok if it's different
- Approaches
- Processes
- Resources
- Questions

Stop Light

Green

Yellow

Red

What signs are you seeing?
What signal does it give?



List Making

- Brain Dump Journaling
- Sort and prioritize
- Ask good questions
- Get creative
- Find resources

Get Messy

- Trauma informed care
- Holistic care
- Creative care
- Accountability
- Ask questions
- RYG
- Action Steps