



Member Care 101

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We will touch base on

- 4 must haves for comprehensive care
- 5 key skills
- Resources for 16 topics

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What is Member Care?

- Member Care comes alongside cross-cultural workers to promote emotional, mental, and spiritually healthy souls
- Who can provide it? Churches, friends, agency, fellow workers

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4 Must Haves

“Take again the equipment of a foolish shepherd. For I am going to raise up a shepherd over the land who will not care for the lost, or seek the young, or heal the injured, or feed the healthy.”

Zechariah 11: 15 and 16

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4 Must Haves

Verbs for a cross-cultural life: **Care. Seek. Heal. Feed.**

States of a cross-cultural life: **The lost. The young. The injured. The healthy.**

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4 Must Haves

Lost: in need of care	Young: in need of being sought
Injured: in need of healing	Healthy: in need of feeding

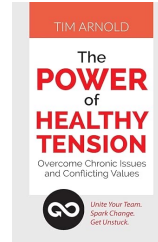
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5 Key Skills

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1. Distinguish between Problem vs. Tension

By Tim Arnold



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Common Polarities/ Healthy Tension

- Structure – Flexibility
- Tradition and Stability – Innovation and Change
- Planning– Execution
- Manage cost –Maintain quality
- Truthful and candid – Tactful and diplomatic
- Work – Home
- Rest – Risk

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How to tell you've got a polarity

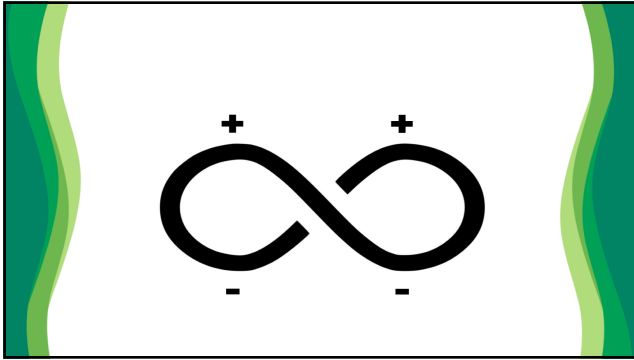
1. Unsolvable
2. Two inseparable poles
3. Each pole has a necessary upside
4. Each pole has a feared downside
5. Every polarity serves a higher purpose
6. You notice a breathing pattern

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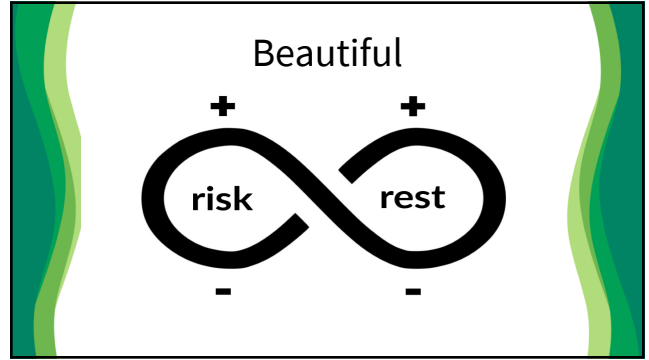
Love



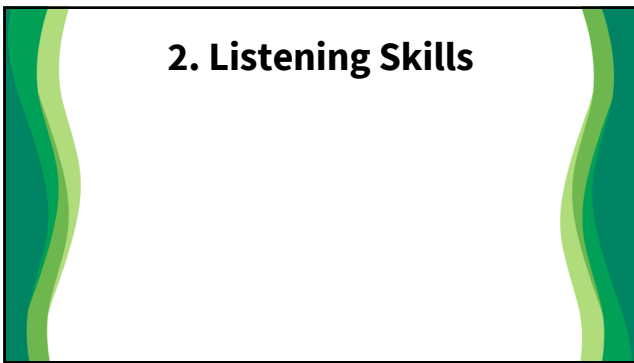
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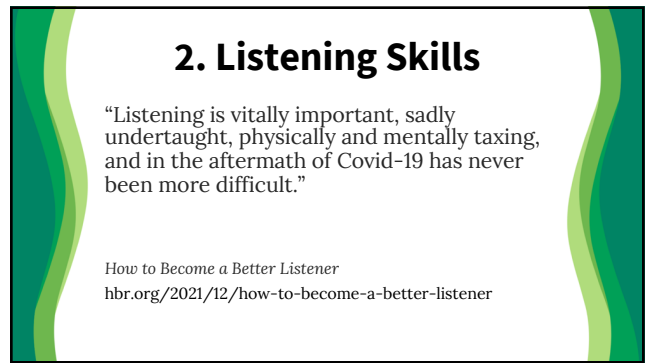
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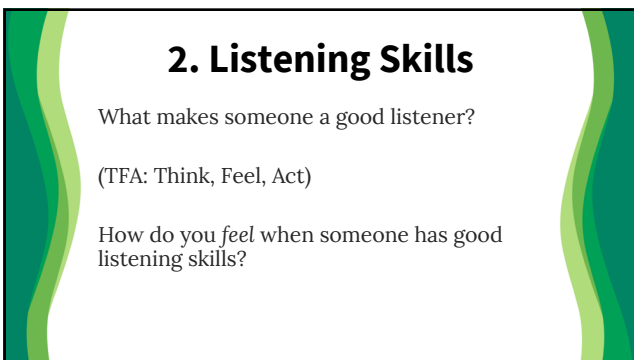
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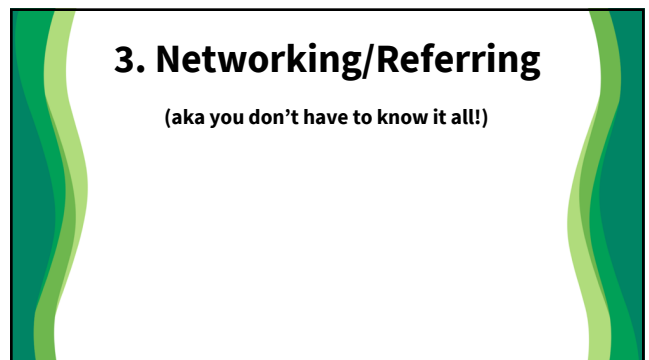
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3. Networking/Referring

1. Have a system
2. When to refer? Parameters
3. Resource list from Global Trellis

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4. Cultivate a Growth Mindset

How comfortable are you?

- Dentist (1999)
- Tax preparer (2018)

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4. Cultivate a Growth Mindset

How comfortable are you?

- Dentist (1999)
- Tax preparer (2018)

How often have those of us in missions been guilty of our own version of this type of thinking? If you lack time, funds, or chances to learn more about what God has called you to do, you might have more of a “fixed missionary mindset” than a “growth missionary mindset.”

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4. Cultivate a Growth Mindset

I heard Dr. Heidi Grant speak on motivation and her closing line challenged me as I thought about Global Trellis, the organization I lead. She said, “Cultivating a growth mindset is one of the most important things we can do for ourselves, organizations, and callings.”

Dr. Heidi Grant, Global Leadership Summit, August 4, 2022

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4. Cultivate a Growth Mindset

1. You are curious
2. You build reflection into your life
3. You invest in learning
4. You are attentive
5. You are willing to change or redirect
6. You share your mistakes

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5. Work on People Pleasing

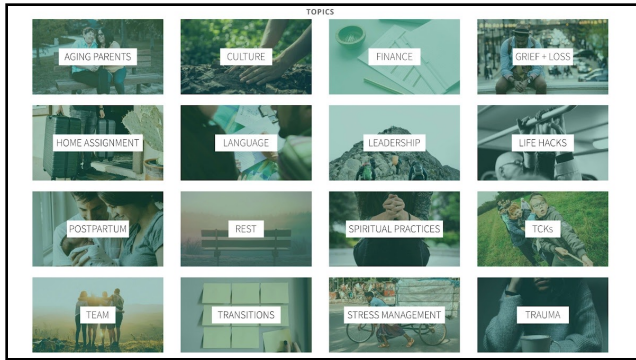
The “Audience of One”

How much of a people pleaser are you?

Key questions:

- What does it mean to be loving?
- Who do I need to be sure isn’t overlooked?
(Note: IP phenomenon)
- Who needs to know what?

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