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The Power of Coaching

MC² Midwest Conference on Missionary Care

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L T **Information then...**



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L T Thinking then...




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L T Thinking now...



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L T Learning then...



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Learning now...



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The one who is talking,
Is the one who is thinking,
And the one who is thinking,
Is the one who is learning.

--Elizabeth Urbanowicz



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Coaching creates space for an individual to talk, think, learn, process, understand, and discern what God is saying and doing.



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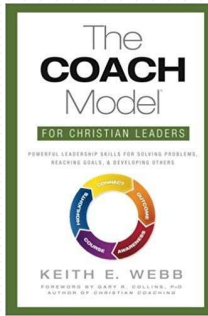
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What is Coaching?

Coaching is an ongoing intentional conversation that empowers a person or group to fully live out God's calling.

--Keith Webb, *The COACH Model*



Webb, K. E. (2019). *The COACH Model for Christian leaders: powerful leadership skills for solving problems, reaching goals, and developing others*. Morgan & James Publishing.

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A Coach Approach



Applying coaching concepts and skills to how we mobilize, teach, equip and develop others.

The key to coaching is asking the right questions (and actively listening).

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Active Listening (creating space)

- Ask good, open-ended questions.
- Focus your attention on the speaker. Make eye contact.
- Consider body language, facial expressions, tone, and emotions.
- Do not interrupt or assume a conclusion before the speaker has finished.
- Do not think about what you are going to say next.
- Listen to what they are saying and react without judgment.
- Summarize main points once the speaker is finished.
- Seek to discern what the Lord is doing/saying.
- Ask follow up questions.

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