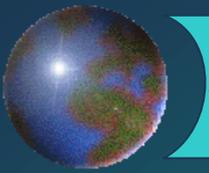
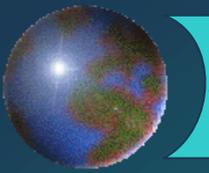


*What do we mean by
Membercare?*



Definition:

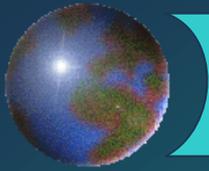
-  **“The ongoing investment of resources by mission agencies, churches and mission service organizations for the nurture and development of missionary personnel.”**



- ⊕ Goal: “to develop godly character, inner strength and skills to help personnel remain effective in their work.”
- ⊕ “It is as much about developing the inner resources within the person as it is about providing external resources to support missionaries in their work.”

-Kelly O'Donnell

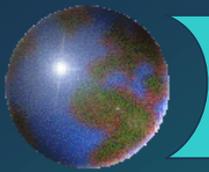
article-Taking The Longer Road



Why Is Membercare Needed?

Heightened Stress Factors:

There are many adjustments that come with life and ministry in a new culture.



CHOPS

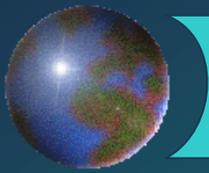
TYPES OF STRESSORS

Cultural

Crisis

Historical

Human



CHOPS

Occupational

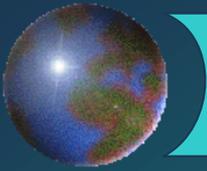
Organizational

Physical

Psychological

Support

Spiritual

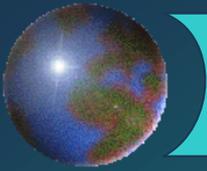


ENCOURAGEMENT

🌐 Definition:

Support that inspires confidence and the will to continue or develop

Somebody or something that gives another confidence or courage



ST Teams and Membercare

- ✦ **Begins before you leave**

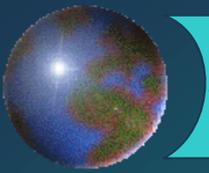
- ✦ **Seen in your Attitude:**

Going to SERVE

Going to LEARN

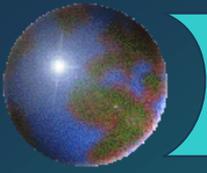
Going to BLESS

We are GUESTS



Once You Arrive

- ✚ **How do we respect our hosts?**
 - **Orientation**
 - **Their plans and needs not our agenda**
 - **Daily briefing and debriefing**
 - **BE FLEXIBLE**
 - **EXPECT THE UNEXPECTED**



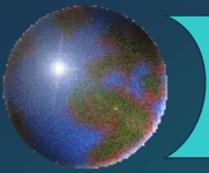
How do we encourage?

⊕ **Physically**

⊕ **Emotionally**

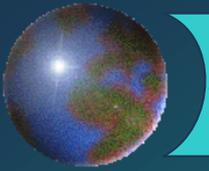
⊕ **Financially**

⊕ **Spiritually**



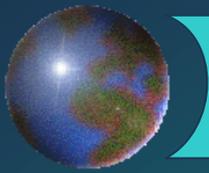
How do we encourage?

- ✚ **Ask questions, be curious**
- ✚ **Pray often-take time to pray for hosts and the national workers**
- ✚ **Express thanks and appreciation often**
- ✚ **Translators**
- ✚ **If they are weary-step in and adjust**



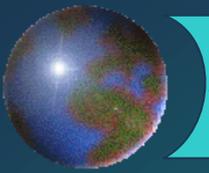
How to Encourage?

- ❖ **Walk with Humility**
- ❖ **Embrace with Affirmation**
- ❖ **Live with Vulnerability**
- ❖ **Practice Flexibility**
- ❖ **Live as a Student**
- ❖ **Work as a Servant**



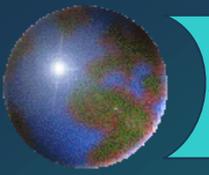
Practical Ideas

- ✚ **Gifts for missionaries, staff**
Find out what they need or would like
- ✚ **Prepare a special meal**
- ✚ **Take out to dinner**
- ✚ **Get to know them on a personal level**
- ✚ **Listen to their testimonies**

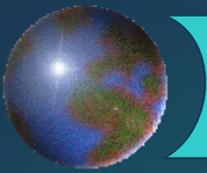


Practical Ideas

- ✚ **Special Outing**
- ✚ **Prayer Ministry**
- ✚ **Fun Money**
- ✚ **Other.....**



**PEOPLE ARE MORE
IMPORTANT THAN
PROJECTS !**



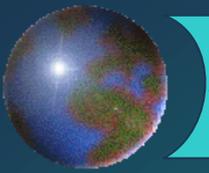
Caring for your Short Term Team

✚ **What kind of care to stmt members need?**

Physical

Emotional

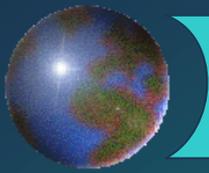
Spiritual



Pre Trip Training

A well prepared team will:

- **encounter less cultural fatigue**
- **step into the outreach with a sense of anticipation and excitement**
- **be more effective as they walk out God's purpose for their team**



Caring as you prepare to go

✿ **Highly Recommend:**

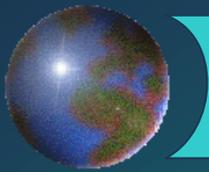
Foreign to Familiar by Sarah Lanier

✿ **Learn about the country you will be going to:**

Cultural interpreter

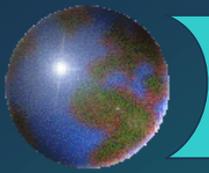
National who lives here

Research



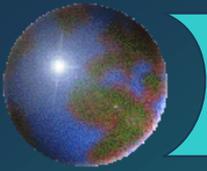
Caring as you prepare to go

- ✦ **Discuss various gifts team members have**
- ✦ **Make ministry assignments**
- ✦ **Prayer Times**
- ✦ **Be aware of Spiritual Warfare**
- ✦ **Work together**



Once at your outreach location

- ⊕ **Daily times of worship, prayer and debriefing**
- ⊕ **Communication**
- ⊕ **Be attentive to the cultural fatigue**
- ⊕ **Be aware of the physical status of team members**
- ⊕ **Have Fun-Laughter**



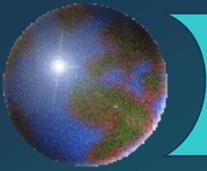
Debriefing

✚ **Begin onsite before you leave to return home**

Identify: 1 highlight

1 challenge

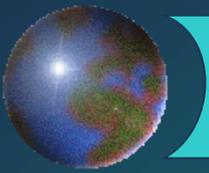
1 thing they learned



Debriefing-Reentry

People will ask: "How was your trip?"

- **Prepare a 60 second response**
- **Prepare a 4 minute overview of trip**
- **Think about 1 person who will listen to all you have to say and process about your experience**



Post Trip Debriefing & Reunion

About 2 weeks after you return

- ✚ **Eat together**
- ✚ **Share pictures**
- ✚ **Relive highlights of the trip**
- ✚ **Ask about re-entry**
- ✚ **Challenge with: “Now What?”**